



## Adult Sample Week Timetables

### Senior/16+ Summer Programme

Sunday	Arrival of students / Optional excursion for existing students			
	Morning 08:45 – 12:15	Lunch 12:30 – 13:45	Afternoon 14:00 – 17:30	Evening (optional)
Monday	<b>1st day:</b> 08:15 Check in, Entrance test, coach tour of local area	<b>Intensive lessons (if booked)</b>  12:30 – 13:45 (Mon – Thu)  12:30 – 13:30 (Fri)	<b>1st day:</b> Walking tour of <b>Southbourne</b> and beach activities for new students	Free time with host family
	<b>Existing students - Lessons</b>		<b>Existing students - Christchurch</b> medieval town and market	
Tuesday	Lessons 08:45 – 09:45  10:00 – 11:00  11:15 – 12:15		Half day to <b>Bournemouth</b> with quiz	*Splashdown 17:30 – 21:00
Wednesday			Beach volleyball and beach football	*Disco (under 18's) *New Forest pub (18+) 18:30 – 22:30
Thursday			Half day to <b>Hengistbury Head</b> nature trail	*Bowling 19:00 – 21:00
Friday			<b>Castlepoint</b> shopping trip	Free time with host family
Saturday			07:30 – 19:30 Full day excursion to <b>London</b> with walking tour	
Sunday	Full day optional excursion to <b>Chessington World of Adventures</b> Half day optional excursion to <b>The New Forest</b> and <b>Beaulieu Motor Museum</b>			

Maximum class size 16

\*See website for additional costs

## Winter Programme General Course

Sunday	Arrival of students			
	Morning 09:15 – 12:45	Lunch 12:45 – 13:45	Afternoon 13:45 – 17:30	Evening (optional)
Monday	Check-in, Entrance test	Lunch break	Free afternoon or Listening Centre (optional) 15:45 – 16:45	Free time
Tuesday	Lessons 09:15 – 10:15 10:30 – 11:30 11:45 – 12:45			Film night 19:30 – 21:30
Wednesday				Karaoke night 19:30 – 21:00
Thursday				Quiz night 19:30 – 21:30
Friday			Half day optional excursion to <b>Winchester</b>	Free time
Saturday	07:30 – 19:30 Full day excursion to <b>London</b> with walking tour			
Sunday	Departure of students / Free day with host family			

Maximum class size 14

## Winter Programme Intensive Course

Sunday	Arrival of students			
	Morning 09:15 – 12:45	Lunch 12:45 – 13:45	Afternoon 13:45 – 17:30	Evening (optional)
Monday	Check-in, Entrance test	Lunch break	Lessons 13:45 – 14:30 14:45 – 15:30  Free afternoon or Listening Centre 15:45 – 16:45	Free time
Tuesday	Lessons 09:15 – 10:15 10:30 – 11:30 11:45 – 12:45			Film night 19:30 – 21:30
Wednesday				Karaoke night 19:30 – 21:00
Thursday				Quiz night 19:30 – 21:30
Friday			Half day optional excursion to <b>Winchester</b>	Free time
Saturday	07:30 – 19:30 Full day excursion to <b>London</b> with walking tour			
Sunday	Departure of students / Free day with host family			

Maximum class size 14