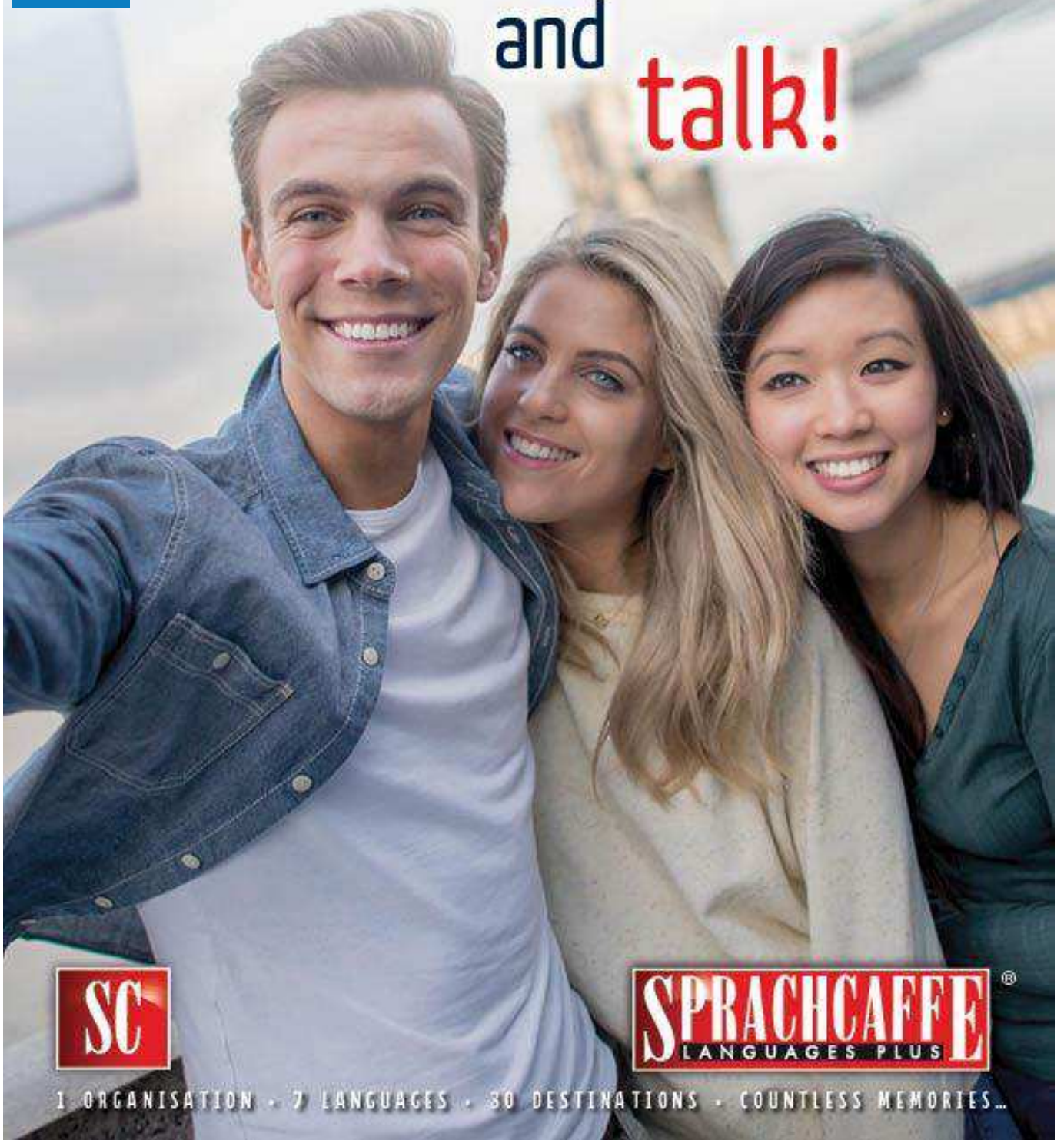


Brighton

Let's get  
together  
and talk!



1 ORGANISATION • 7 LANGUAGES • 30 DESTINATIONS • COUNTLESS MEMORIES...

Last update: 09.11.2017

## WELCOME TO SPRACHCAFFE

You are obviously committed not just to having a holiday, but at the same time, also learning a new language or improving your skills in a language you already know. This is why we would like to send you our warmest congratulations! It is great when people want to make the world a bit smaller for themselves.

*“If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart.” Nelson Mandela*

It pleases us even more that you have chosen Sprachcaffe for your *language trip*. Lively teaching methods, a relaxed and stress-free atmosphere, learning through interaction and chatting (which helps you bond with others) - we have become experts with our 35 year experience in language teaching and with our 30 destinations worldwide.

In the enclosed documents you will find everything you need to know for your trip. **Please do not travel without this information sheet.** If you have any additional questions, we are glad to answer them from Monday to Friday 9:00am to 7:00pm on Tel.: 0049 (0) 69 6109 120, or [info@sprachcaffe.com](mailto:info@sprachcaffe.com)

We wish you a great holiday and lots of success

**Your Sprachcaffe Team**



## Contents

<b>GETTING TO BRIGHTON</b>	<b>3</b>
IF YOU HAVE BOOKED A SPRACHCAFFE TRANSFER	3
<b>ACCOMMODATION</b>	<b>4</b>
CLUB RESIDENCE	4
APARTMENTS	4
HOST FAMILY	5
<b>THE SCHOOL - SPRACHCAFFE LANGUAGES PLUS</b>	<b>7</b>
THE LESSONS	8
EXAM COURSES	11
<b>HELPFUL INFORMATION</b>	<b>11</b>
LANGUAGE TEST	12
<b>BRIGHTON INFORMATION AND TOURISM</b>	<b>14</b>
ATTRACTIONS AND SIGHTSEEING	14
<b>FEEDBACK</b>	<b>16</b>
<b>LOCATION OF SCHOOL</b>	<b>17</b>
<b>CHECKLIST BEFORE DEPARTURE</b>	<b>18</b>
<b>CHECKLIST FOR RETURNING HOME</b>	<b>18</b>

## Getting to Brighton

It is not recommended to travel to Brighton by car, mainly due to the high channel crossing fees. Note that the seasonal tariff is calculated on the vehicle's length and on the number of people travelling. Moreover, one should not forget that in England, people drive on the left-hand side of the road. This might cause difficulties for continental European drivers. Thus, the best way of getting to Brighton is by **flying** to London. London has two main airports: "Heathrow" in the west and "Gatwick" in the south. Both airports are well-connected to the national rail and bus networks.

**Important note:** non-EU should tell the immigration officers that they are visiting the country and intend to do a short language course as well during their stay (up to 30 days).

If you arrive at **London Gatwick** (LGW), you can take the **train** from the South Terminal to Brighton railway station. The trip takes about 35 minutes and costs approximately £10,40. Your destination address as appears on your voucher can be reached either on foot or by bus from outside the station. Alternatively, you can take the **coach** from the airport to Brighton Pool Valley coach station. Please note that Pool Valley is the coach terminus. This trip will take you around 45 minutes and costs approximately £9. To arrive at your destination you can either take a bus or walk. The residence is about 10 minutes walk from Pool Valley station.

### Transfer between Terminals

There is a free *Transit* train, which links the North and South Terminal 24 hours a day.

### Airport facilities LGW

**Money and communications:** Both terminals have Bureaux de Change, ATMs and a number of internet kiosks. There is a post office and a 24-hour Internet café in the South Terminal. Wireless Internet connection is also available in the North Terminal.

**Eating and drinking:** There are many restaurants, bars and cafés located in both terminals.

**Shopping:** One can find many shops at the airport, including several duty-free outlets. The airport has also recently introduced a home delivery service and a collection service.

**Luggage:** Left-luggage facilities are available in both terminals. (North Terminal Tel: +44 (0) 1293 502 013, South Terminal Tel: +44 (0) 1293 502 014).

**Other facilities:** These include baby changing rooms, toilets and showers, a children's play area, a medical centre offering vaccinations (Tel: (0)1293 507 400) and prayer rooms.

Arriving at **London-Heathrow** (LHR), the best way to travel to Brighton is by National Express coach service. The direct coach JL747 leaves from the Central Bus Station at Heathrow Airport every hour. The trip takes about two hours. The price for the ticket is around £30 – 35.

### Transfer between Terminals LHR

Terminals 1, 2 and 3 are within walking distance of each other via underground walkways. Transfer between Terminals 1, 2, 3, 4 and 5, located on the south side of the airport, are free on the Heathrow Express train (travel time: 10 minutes).

To go to Brighton you can take the Heathrow underground to either London Victoria or London Blackfriars station, and from here take the train to Brighton. This trip will take around 2 hours and 15 minutes.

### If you have booked a Sprachcaffe Transfer

Your driver will wait at the exit of your gate. He will have a sign with the Sprachcaffe Logo on it. If you can not find your driver please call the school emergency number 0044 1273 323161

**It is our aim to provide the best service possible. However, if you have any issue during you stay please talk directly to the school staff.**

## Accommodation

Your first address on arrival is stated on your voucher.

### Club Residence

If residence accommodation was booked you will stay at the West Beach Hotel.

**Address:** 135 Kings Road,  
Brighton, East Sussex  
BN1 2HX  
Tel: 0044-1273-323 161

The hotel is situated right on the seafront, 10 minutes walk from the school. The West Beach Hotel provides facilities such as a 24-hour reception, two bars, a restaurant and a nightclub. All rooms have en suite bathrooms. The hotel also provides a safety box where you can deposit important or valuable items. There is also a phone which you can use. There is a washing center 5 minutes away. Please contact the reception for further instructions on using the safety box. Please note that smoking is not allowed in the rooms. Towels and bed linen are provided.

### From the station in Brighton to the Club hotel:

Go straight out of the station, down the hill, until you reach the clock tower. At this point you go right towards Churchill Square. You keep on going past Churchill shopping centre, along Western Road for a couple of minutes until you see a Sainsbury's on your right, at this point you will see a sign for Preston Road, the residence is at the end of this road.

## Apartments

**You will receive the key to your apartment at the West Beach Hotel Reception.** From there you can go to your apartment by taxi or by bus.

The apartments are located 10 to 20 minutes from the school on foot or a bus ride away. The bus stop is around 2 minutes walk from the school.

Please note in the high season sprachcaffe have extra apartments and the distance to school may vary.

**On arrival, a deposit of £20 must be paid for the apartment and for the Club Hotel.** This will be refunded on departure when you give the key back.

We do our best to make all our course participants feel at home and hope that all of you treat the apartment, rooms, and facilities accordingly. Your flatmates would surely appreciate a clean and tidy environment, so be sure to clean the facilities you use. If you invite your new friends from school to dinner or to a little party, you should talk to your fellow lodgers first.

Please respect the privacy of everyone and avoid unnecessary noise, especially at night. All apartments are self-catering. The well-equipped kitchen, bathroom and toilet are shared with the other students in the apartment.

Having chosen an apartment, you will get to know a special way of "living together". You will share the apartment, kitchen and bathroom with other course participants, who usually come from different countries. This "apartment-sharing" is part of our concept for communicative learning and offers you the possibility to organise excursions, theatre and cinema visits together with other students.

You can also cook delicious meals in a cosy atmosphere or exchange experiences while relaxing in the lounge. The apartments are fully equipped, including a lounge-kitchen. Some have a washing machine other have a washing center within 5 minutes walking distance. There are no phones in the apartments.

If you booked a double room, we will try to match you with the “right person” to share the room with.

Please note that the apartment is not a hotel. This means that all course participants have to take care of the cleaning themselves. Sprachcaffe only organises the basic cleaning once a week.

We recommend that you and your fellow lodgers make a plan so that the cleaning can be shared equally. Please remember to sort the rubbish and place it in the proper bins outside. Kindly follow the instructions found in the apartment for recycling.

**Please note** that the flat is generally only available to course participants and not to friends or relatives.

If you would like someone to stay over, please ask for our permission and we will let you know if we have enough room capacity. For extra nights, which are not free of charge, you will also need our confirmation. Therefore it is important to contact us in advance if you would like to make any additions to your accommodation booking.

Bed sheets are provided. Please remember to bring your own towels.

It is important to note that smoking is not allowed in the apartments.

**Address:** 14A North Street  
Brighton BN1 1EB

## Host family

“Brighton buses cost £4.80 for a day pass or £20.00 for a week pass, you can buy the passes at our school or one stop travel or in newsagents.”

Living with an English host family means living their lifestyle! You will be able to practise what you have learnt during the course and you will shed your timidity while communicating with the family. The host family would certainly appreciate a little present, but by this we mean a **little** present.

English host families are very open-minded, helpful and welcoming to their guests. Our host families are not always families in the traditional sense. They can also be active single people or elderly couples who will have a lot of time to spend with their guests.

In general, the families will introduce you to their household rules and routines on the day of your arrival. This will most likely include the handing over of the key, times for meals and use of the washing machine. Normally, you share the bathroom with other members of the family and / or other students. Please make sure to always leave your room and the bathroom clean and tidy. Be careful not to damage or break anything. Respect the hospitality of your host family and avoid unnecessary noise, especially late in the evening and at night.

We appreciate your consideration when asking you not to use the family telephone to call your family at home. Usually the families do not allow you to make international phone calls. In any case, please talk to your family before using the phone at all.

It is very important to inform the host family beforehand if you are not going to be home for a meal or if you plan to stay away from home for a night or more. Otherwise, your family will be worried unnecessarily!

In general, host families do not mind if you invite round new friends from the course. However, please ask your host family beforehand if you plan on bringing some friends home!

Please note that our English host families do not allow smoking in the house. However, some families might allow smoking in certain areas of the house or garden.

Bed sheets are provided by the host families; yet students must bring their own towels.

## The school - Sprachcaffe Languages Plus



On the first day, we **expect you to be at school at 8:30am**. If you have an **afternoon class**, please come at **12:45pm**. All course participants have to do a placement test to determine the language level. We kindly ask you to do the test online at home before you departure. On the first day of school you will be shown to the student lounge where you will complete an oral placement test, have an induction talk and then taken on a short tour of Brighton

### Sprachcaffe / Languages PLUS

20 Queens Road  
Brighton BN1 3XA  
East Sussex, UK

Phone: +44-1273-729984

Emergency number (hotel reception): **+44-1273-323 161**

**Please note** that we have a second school building.

**School office hours:** Monday to Friday 8:30am until 4:30pm

Director of studies: Aleksandra Gratkowska

The school is only 10 minutes walk from the Sprachcaffe Residence and 15 minutes from Brighton city centre. For the lessons, you will only need a dictionary, paper and pen (and possibly a notebook) as all other material will be provided by the school.

**Opening hours:** 8:30 – 4:30 pm from Monday to Friday, except Bank Holidays and the Christmas break

**Course books :** Course books are used in all standard morning course classes. On your first day you will be given a course book. **A book will be borrowed for a deposit of £25 and cost £4 per week (Up to 3 weeks).**

**If you stay 4 weeks or longer, you will need to purchase the book for £25 and you will keep the book when finishing the course.**

Course Length	Deposit	Payment	Money returned
1 Week	£25	£4	£21 Book returned to school
2 Weeks	£25	£8	£17 Book returned to school
3 Weeks	£25	£12	£13 Book returned to school
4+ Weeks	£25	£25	Student keeps book

In the Intensive and Business English classes your teacher might give you a course book in the class. These course books must not leave the classroom and you must not write in the course book. If you do, you will be charged a fee. If you are interested in buying your own copy of the course book, ask in the office for more information.

**Student card:** There are Student Identity Cards available in reception. You will need to bring one passport photo with you in order to issue the Student Identity Card. Students who have booked a course for 6+ months can obtain an STA Travel student card.

**Kitchen facilities:** Our school facilities include a kitchen where there is a microwave and a kettle so you can warm up meals and have a tea or a coffee. A variety of restaurants/snack bars can also be found close to the school.

**Internet room:** Wireless Internet access is available free of charge at the school.

**Student Lounge:** Our School has a lounge where students can chat and have their meals and snacks. We also organise afternoon/evening activities in the lounge for students such as origami workshops, board games, Kapoeira dancing, film club, etc.

**Library service:** Books can be borrowed for a deposit of £5 (refundable when the book has been returned).

**Parking:** Parking is possible close to the school. Parking close to the train station is also possible.

The school office offers various services for the students:

- Individual advice in case of questions regarding the language course.
- Please contact the Brighton team directly in case of any problems. Our colleagues will help you in any way they can.
- The school address is the contact address for your family and friends at home! Your mail will be received and stored for you at the reception.
- On the communication board, you will find a list of activities planned by the school  
Please sign up to take part in the activities.

## The Lessons

The teachers are all trained professionals in teaching English as a Foreign Language. They all have an academic qualification specialising in teaching English. The teachers are your advisers: competent and committed.

The topics of the lessons are varied. Our course teachers use newspaper articles including socio-political topics, theatre or literature reviews to form part of the teaching. Communication is the basis of our teaching method and includes dialogues, speaking exercises and discussions.

This is supplemented with input in the form of grammar, vocabulary and language analysis.



Our courses are aligned with the Common European Framework of Reference:

CEFR	Listening/ Speaking	Reading	Writing
<b>A1</b>	Can understand basic instructions or take part in a basic factual conversation on a predictable topic.	Can understand basic notices, instructions or information.	Can complete basic forms, and write notes including times, dates and places.
<b>A2</b>	Can express simple opinions or requirements in a familiar context.	Can understand straightforward information within a known area, such as on products and signs and simple textbooks or reports on familiar matters.	Can complete forms and write short simple letters or postcards related to personal information.
<b>B1</b>	Can express opinions on abstract/cultural matters in a limited way or offer advice within a known area, and understand instructions or public announcements.	Can understand routine information and articles, and the general meaning of non-routine information within a familiar area.	Can write letters or make notes on familiar or predictable matters.
<b>B2</b>	Can follow or give a talk on a familiar topic or keep up a conversation on a fairly wide range of topics.	Can scan texts for relevant information, and understand detailed instructions or advice.	Can make notes while someone is talking or write a letter including non-standard requests.
<b>C1</b>	Can contribute effectively to meetings and seminars within own area of work or keep up a casual conversation with a good degree of fluency, coping with abstract expressions.	Can read quickly enough to cope with an academic course, to read the media for information or to understand non-standard correspondence.	Can prepare/draft professional correspondence, take reasonably accurate notes in meetings or write an essay which shows an ability to communicate.
<b>C2</b>	Can advise on or talk about complex or sensitive issues, understanding colloquial references and dealing confidently with hostile questions.	Can understand documents, correspondence and reports, including the finer points of complex texts.	Can write letters on any subject and full notes of meetings or seminars with good expression and accuracy.

We offer all different level, ranging from **Beginner to Advanced**; however, levels might be subject to availability (please see Class Availability section below).

During your stay, we aim to offer you an effective and proven method of teaching. Our staff and teachers are experienced in dealing with long-term students and especially with courses preparing for the examinations. However, please also take into consideration that the teachers, despite their experience and abilities, are not fully responsible for the results, and all participants are expected to show commitment and active participation in the course in order to achieve their best.

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We offer various different types of courses, with the most popular being:

Course	Daily Lessons	Equivalent in Hours	Weekly Lessons	Equivalent in Hours
<b>Standard AM Course</b>	4 lessons	3 hours	20 lessons	15 hours
<b>Standard PM Course</b>	4 lessons	3 hours	20 lessons	15 hours
<b>Intensive Course</b>	6 lessons	4.5 hours	30 lessons	22.5 hours
<b>Part – Time</b>	2 lessons	1.5 hours	10 lessons	7.5 hours
<b>Private Lessons</b>	min. 1 lesson	min. 45 min	min. 1 lesson	min. 45 min

\*Please note that every lesson is 45 minutes long.

The course groups are formed by the Director of Studies according to language level. Students may change to a lower or higher level after consulting the Director of Studies. **The maximum number of students in Standard AM Courses is 12, while in Standard PM Courses the maximum number of students is 18.**

In general, your timetable looks as follows:

	Monday to Friday	Monday to Friday	Monday to Friday	Monday to Friday
	<b>Standard AM Course:</b>	<b>Intensive Course:</b>	<b>Afternoon PM Course:</b>	<b>Part-Time Course:</b>
<b>Session 1</b>	9:00am – 10:30am	9:00am – 10:30am	1:15pm – 2:45pm	1:15pm – 2:45pm
<b>Break 1</b>	10:30am – 10:50am	10:30am – 10:50am	2:45 – 3:00pm	n/a
<b>Session 2</b>	10:50am – 12:20pm	10:50 am – 12:20pm	3:00 – 4:30pm	n/a
<b>Break 2</b>	n/a	12:20pm – 1:15pm	n/a	n/a
<b>Session 3</b>	n/a	1:15pm – 2:45pm	n/a	n/a

**Private Lessons** can take place any time between Monday and Friday, between 8.30 -16.30, depending on teacher availability.

Our courses will help you to improve all areas of your English: grammar, vocabulary, speaking, listening, pronunciation, reading and writing. You will have classes every morning/ afternoon and you will have free time to explore Brighton, do self-study or socialise with other students.

On the Intensive courses, during the afternoon lessons, you will focus mostly on your speaking skills and you will have the chance to actively use the language studied in your morning classes.

#### During our Standard and Intensive Courses you will:

- Learn 'real' English using the latest course books and materials.
- Improve your writing skills by looking at and preparing emails, formal and informal letters, articles, etc.
- Have regular tutorials with your teacher to discuss your progress (every 4 weeks).
- Receive homework each day.
- Learn, review and practice new language every day.
- Explore new techniques to help you improve your listening and reading.

Develop your communication skills by working with other students in a variety of activities such as role-plays, pair work and discussions.

**We offer various different types of courses, with the most popular being:**

- Part-Time course                    2 lessons daily
- Standard course                    4 lessons daily
- Intensive course                    6 lessons daily
- Private lessons                    2, 4 or 6 lessons daily
- Afternoon lessons                    4 lessons daily

The course groups are formed by the Director of Studies according to language level. Students may change to a lower or higher level after consulting the Director of Studies. The maximum number of students in one group is 12, while in afternoon classes the maximum number of students is 18.

**For organisational reasons during high season lessons might be held in the afternoon.**

**Lessons are not held on these public holidays in 2018: 01.-05.01., 30.03., 02.04., 07.05., 28.05., 27.08. and from 25.12.2018 - 04.01.2019.. Please note that lessons lost on public holidays, late arrival or early departure will not be replaced.**

### **Exam Courses**

Apart from the courses mentioned, the school also offers preparation courses for the UCLES (Cambridge) Certificates at all levels. An application for this examination must be made at least 4 weeks before the course starts. Starting dates for this course as specified in the brochure must be considered.

The Cambridge examination fees are paid in Brighton upon registration. Prices vary according to the level of the examination, for instance FCE costs £138 and CAE costs £141 (2017 price list).

### **Class Availability**

In the unlikely event the school won't be able to create a group course due to not having enough students at the same time/level, smaller group courses or single lessons for a reduced amount will be provided instead: 20 lessons = 12 lessons, 30 lessons = 18 lessons. Under the rare circumstances of being forced to cancel, all fees will be refunded. The minimum number of participants for examination preparation courses is 4 students."

**It is our aim to provide the best service possible. However, if you have any issue during you stay please talk directly to the school staff.**

## **Language test - Online**

Sprachcaffe has introduced a new online placement test. We kindly ask you to do it before you arrive at school. Doing the online exam in advance will allow you to start your lessons straight away.

To access the online test, please go to [www.shop.sprachcaffe.com/onlinetests](http://www.shop.sprachcaffe.com/onlinetests). You can log in using your surname (or email address) and booking number (see our documents for the correct spelling).

The test can be done at any time up to 12:00pm (CET) Friday before the programme begins. Thereafter the test will be switched off and you will no longer be able to access it.

Please do not use a dictionary or any other aids when doing this exam as its purpose is to assess your language ability and place you in an appropriate class. It is better not to answer questions that you do not know, as guessing will affect your score and could result in your being placed in a class that is too difficult for you.

You have 45 minutes to do the exam from the moment you enter the site. Thereafter, the test will automatically shut down. If you finish before time runs out, you can click 'submit' at the bottom of the test. The test result will be forwarded automatically to Sprachcaffe. You will find out your teacher's name and classroom number on your first day at school.

Please note that you can only access the online test once!

## **Oral Placement Test at The School**

On your first day you will also have a speaking test with an academic staff member, in order to more accurately place you in the right level.

## Helpful information

### Health care in the UK

Health care in the UK is usually free, unless you need to see a dentist or you need to see a doctor because of a disease/illness you already had before you came to the UK (e.g. diabetes). If you need to buy medication, please note that this are not for free. We highly recommend taking out a health and travel insurance and to take some extra money in case you get sick.

### Insurance

We recommend taking out health and travel insurance. If you lose pieces of luggage, they are damaged or valuable items are missing it is always annoying and reimbursement without insurance is a long-winded process and not always very successful.

### Clothes

It is best to take casual clothes with you. We recommend that you also pack a warm pullover, as it can get cold in the evenings – also during the summer. For excursions we recommend a pair of practical shoes. Something a little smarter would also be good for special occasions and for the clubs. If you would like to do sport, take your sports clothes and shoes as well. Don't forget to pack your swimming things.

### Phone

The international code for England is 0044, plus the phone number. If you want to call your home country, please check prior to your departure what your country code is. The slightly old-fashioned looking red telephone boxes mostly take cards which you can buy in shops and at newspaper stands.

### Money

The official currency in the UK is £, Pound Sterling. Your bank can give you the exact exchange rate. It is cheaper to change money in the UK, but we recommend taking a little bit of pocket-money for the first weekend.

### Electricity

Alternating current 240 volts. You will most probably need an adaptor. You can buy an adaptor in a shop called Laptop Supermarket opposite the School.

### Time difference

England is on Greenwich Mean Time (GMT). Please note that the clocks go forward by 1 hour for the summer period (March-October) as in other European countries, this is called British Summer Time (BST). Depending on your home country you might have to change your watch.

### Documents

Better to be safe than sorry! Please make a copy of all your important travel documents. For example: flight ticket, insurance policy and passport. In case you lose important documents you can be helped more quickly if you have such copies. Please keep the copies separate from the original documents.

### Climate

The climate in the south of England is dominated by the warm Gulf Stream. On the coast, however, there are often rain showers, so don't forget to pack your umbrella or rain jacket. The average temperatures are between 8 degrees in winter and 22 degrees in summer.

## Brighton Information and Tourism

### Attractions and Sightseeing

Brighton and Hove, located on the south coast of England, are one of the top seaside resorts in the United Kingdom. Brighton has recently been voted as one of the top ten UK cities and it attracts more than eight million tourists each year, many of whom are from overseas. Brighton is also a major conference centre. Excellent conference facilities are available at the Brighton Corn Exchange and the Brighton Centre - which regularly accommodates more than 5,000 people.

Forming one single region, Brighton has a lively atmosphere while nearby Hove tends to be more quiet and relaxed. In 2000, Brighton and Hove were given city status and much of Brighton has been restored and redeveloped in recent years. Brighton has countless tourist attractions, stunning landmarks and beautiful beaches, attracting many thousands of tourists throughout the year. With a number of helpful tourist information centres in and around the centre, there is always something to see and do in Brighton and Hove. The centres provide useful tourist information about attractions, landmarks, restaurants, travel and sightseeing. They also sell maps of Brighton.

There are so many wonderful and popular tourist attractions to see in Brighton both in the centre and the nearby area. Whether you are looking for thrills and excitement, history and exhibitions, animals or more exotic attractions, you do not have to look far in Brighton, one of England's most important cities. Here are some of the top tourist attractions:

#### **Brighton Guided Bus Tours**

Madeira Parade - starting point. Open-top hop on / off Brighton guided bus tours operate throughout the day at regular intervals in the Brighton and Hove area. The bus tours provide a popular way of sightseeing in Brighton. The daily hop on / off tickets are a very useful way to travel around the city. Bus tours in the Brighton and Hove area connect all of the major points of interest, including many of the tourist attractions, landmarks and monuments, such as Brighton's Royal Pavilion, the Corn Exchange, the seafront and the Brighton Pier. Guided Bus Tours in Brighton are operated by several different companies, including Guide Friday.

**Walking Tours of Brighton:** There are a number of walking tours available in the Brighton and Hove area. These provide tourists with a real insight into some of the most interesting and historic tourist attractions, landmarks and information. Further information on the different walking tours is available at the Brighton Tourist Information Centre.

The spectacular **Brighton Marina** is located in the Kemp Town area of Brighton and is home to an enormous amount of attractions for tourists. With cafés, restaurants and bars, most of which have superb views of the harbour, together with shopping facilities, boat trips around Brighton Marina, a multi-screen cinema and a ten pin bowling complex. Brighton Marina is actually one of the largest yachting harbours in the United Kingdom. **Kemp Town**, East of Brighton is one of the most lively and friendly areas of Brighton and is full of interesting things to see and do. Attractions in the Kemp Town area of Brighton include cafés, restaurants, bars, antique shops, unusual independent stores, a large gay community and many beautiful Georgian houses.

**Beachy Head** is one of the most scenic attractions in the Brighton area and is located to the east. Attractions at this grassy cliff top include spectacular views across the seafront, a nature trail, a visitor centre and picnic areas.

**The Lanes** area of Brighton is full of fascinating history and character; with narrow streets, historic buildings, street entertainers, jewellery shops, antiques stores, cafés and restaurants. The Lanes is also home to a number of atmospheric public houses.

**Devil's Dyke**, on the north side of Brighton, is owned and managed by the National Trust. With superb panoramic views of the surrounding countryside, Devil's Dyke is a deep valley and attractions include large areas of grassland ideal for sunbathing, sports, kite flying, hang-gliding and picnics.

**Undercliff Path** is a popular walking trail and stretches around 5 km / 3 miles from Brighton Marina to Saltdean. This scenic pathway has many fabulous views along the way and has been used for over 80 years and is also suitable for cycling.

**Bluebell Steam Railway** on the outskirts of Brighton is one of the most popular attractions in this area of Brighton and Hove. Featuring lovingly restored steam locomotives, the Bluebell Steam Railway travels between three different train stations and offers include a museum, stunning views of the surrounding countryside and a public house serving snacks as well.

For more information please visit the following Internet pages:

[www.brighton.world-guides.com](http://www.brighton.world-guides.com)

[www.visitbrighton.com](http://www.visitbrighton.com)

[www.derreisefuehrer.com](http://www.derreisefuehrer.com)

<http://www.brighton.co.uk/>

## Feedback

Before the everyday routine back at home sets in completely we would be very pleased if you could give us your feedback. As a participant you can tell us about your experiences. Just fill out the online form at <http://www.sprachcaffe.com/english/feedback.htm> We always welcome ideas, tips and constructive criticism!

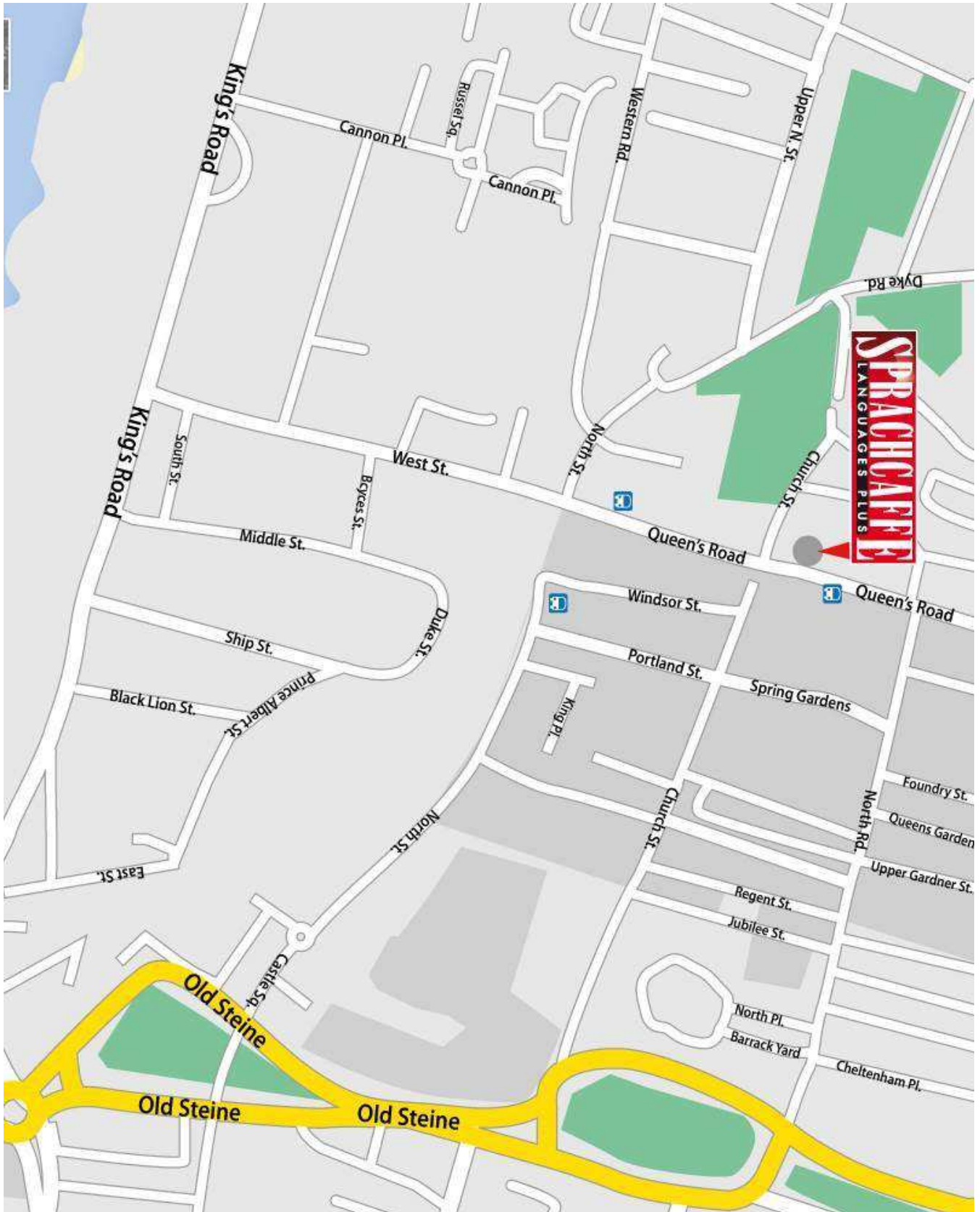
Address: **Sprachcaffe Languages PLUS**  
Headquartes Gartenstrasse 6  
D – 60594 Frankfurt/Main  
Tel.: 069 (0) 6109 120  
Fax: 069 (0) 603 1395  
Email: [info@sprachcaffe.com](mailto:info@sprachcaffe.com)  
[www.sprachcaffe.com](http://www.sprachcaffe.com)

**We wish you a wonderful stay and a successful language course!**

**Your  
Sprachcaffe Team**



### Location of school



## Checklist before departure

Things you might want to think of when packing your luggage

### Important travel items

- Travel guide
- Reading material
- Dictionary
- Cash, credit card
- Phone number of your credit card company, in case you have to block the card
- Vaccination card
- Inform Sprachcaffe about arrival time
- Alarm clock
- Sunglasses

### First-aid kit

- Sunscreen
- Any medicine required
- Insect spray
- Medicine for stomach trouble
- Plasters
- After-sun lotion
- Tweezers

### Travel documents

- Identity card
- Flight or train ticket
- Student ID
- Sprachcaffe travel documents

### Sport/Hobby

- Camera
- Extra film, extra memory card
- Music / radio
- Batteries
- Sports equipment

### Insurances

- Travel health insurance
- Luggage insurance
- Insurance card from your car insurance
- Phone number of your car insurance

## Checklist for returning home

- Buy souvenirs for friends and relatives at home
- Exchange addresses with people in the course, teachers and host family
- Pick up course participation certificate
- Tidy and clean up the room
- Pack and check the rooms for anything left behind