

# Manchester Travel Guide and Activities



*Manchester is England's second city, and a truly exhilarating place to live, work and study. Easily accessible by direct flights from 190 destinations, this exciting and historic metropolis is also the gateway to the many attractions of the North West – such as the Lake District, the Peak District, the maritime city of Liverpool, North Wales, and Chester.*



## CLIMATE

The weather in the UK is the topic of many conversations because it is so changeable. It is possible to see sun, rain, wind and clouds all in the same day so it is a good idea to always carry a pair of sunglasses and an umbrella!

## 5 THINGS TO SEE

- The Lowry Arts Centre
- The People's History Museum
- John Rylands Library
- Manchester Art Gallery
- Museum of Science and Industry

## 5 THINGS TO DO

- Explore the varied and vibrant nightlife of The Northern Quarter, Canal St, Deansgate, Oxford Rd and the Printworks.
- Witness the best of English Premier League football at the homes of Manchester United and Manchester City
- Enjoy the local beers of Holts and Hydes and no end of typically English pubs
- Visit the 'curry mile' of Rusholme with some of the best Indian cooking to be found in England
- Shop till you drop in the revamped Arndale Centre or the Trafford Centre

## ALCOHOL AGE

Legal age for drinking in the UK is 18. It is advisable to carry ID with you to provide evidence of your age if asked.

## DRIVING AGE

Legal age for driving is 18

## PUBLIC HOLIDAYS

2022 Public Holidays on a weekday: 03 Jan, 15 Apr, 18 Apr, 02 May, 02 Jun, 03 June, 29 Aug, 26 Dec, 27 Dec

## CURRENCY

Great British Pound (GBP), also known as sterling.

## VISA REGULATION

For Visa information please read [Applying for a Visa in UK](#).

## TAP WATER - DRINKABLE!

Tap water in England is safe unless there's a sign to the contrary (e.g. on trains).

## MEDICAL

The NHS (National Health Service) provides free and subsidised treatment for people who live in the UK. International students, may be entitled to NHS treatment if they are enrolled in a course lasting for six months or more. If their course is less than six months long, they may still be able to get treatment under the NHS if they are from a country that has a health agreement with the UK. To receive any treatment through the NHS, firstly students must be registered with a doctor (GP). They should register with a local GP as soon as they have a permanent address – and not wait until you are ill. To find your local GP they can call NHS direct on 0845 46 47 or visit their website. If students are not entitled to NHS treatment they will have to pay the full cost of any treatment they receive in the UK. This can be expensive, so make sure you have medical insurance that covers you while you're living abroad.

## COST(WEEKLY/MONTHLY PASSES)

- Manchester is easily explored on foot, with plenty of pedestrian-only zones. It is possible to traverse the main central locations within around 20-minutes, end-to-end.
- Metroshuttles are free buses linking the main rail stations, car parks, shopping areas and businesses in Manchester city centre. Metroshuttle buses run from Piccadilly, Salford Central, Victoria, Oxford Road and Deansgate rail stations. There are three circular routes covering the main areas in the city centre.
- There are four key train stations in Manchester city centre - Deansgate, Piccadilly, Oxford Road and Victoria. Of these, Piccadilly (1 minute from EC Manchester) attracts the most visitors' and is the main arrival point into the city centre.
- Manchester's Metrolink tram system has been developed to encourage easier and faster travel in the city centre and beyond. Connecting all major railway stations and tourist attractions, the Metrolink runs every few minutes, making it the perfect mode of transport for those who don't require a strict timetable.
- Manchester is a bike-friendly city with many marked cycle lanes and dedicated routes throughout the city centre and beyond.
- Learn more about Manchester's public transportation:  
<http://www.visitmanchester.com/travel/>

## COST OF LIVING

Coffee/cappuccino (Starbucks)	£2.25-£3.00
Bottle of water/soda (0.33 litre)	£0.75-£1.50
Fast-food combo meal	£5.00-£6.00
Meal, inexpensive restaurant	£8.00-£20.00
Fitness club (monthly, 1 adult)	£17.00-£35.00
Public transport (local transport)	£2.20-£4.00 (one-way)
Public transport (monthly pass)	£50.00-£80.00

## ELECTRICITY

230 V; 50Hz - 3-pin plug

## HEALTH & INSURANCE REQUIREMENTS

Students must have adequate health, accident and travel insurance while attending any of our programmes.

## SMOKING LAWS

Smoking in enclosed public places is illegal in the UK.

## COUNTRY LAWS

Students must abide by UK law at all times during their stay. Breach of the law could result in arrest by the police and even imprisonment.

