



This great programme is ideal for learners who want to be involved in a wider range of sports and activities during their stay. Students combine 15 hours of lessons per week together with an even fuller and more varied activity programme. Learners enjoy international groups and are encouraged to practice their conversation skills.

Key facts

- Multi-Activity Sports: 6 hours per week (Tuesday-Wednesday-Friday)
- English lessons: 20 lessons per week (15 hours)
- Activities & Day trips: 1 full day trip, 2 half day activities/trips, 5 evening activities, plus weekend activities
- Age range: 10-17 years
- Available with: Frensham Classic Country
- Course duration: minimum 1 week

Course details

- Develop all four English language skills (Reading-Writing-Listening-Speaking) with the support of professional, qualified and friendly EC teachers
- All lessons and activities work together and each week covers a different theme. What is learnt in class is linked with activities outside of the classroom, hence learners get to use and practise their skills every single day!
- Multi-Activity sports include football, rugby, volleyball, basketball, tennis, cricket, athletics, swimming and netball
- The aim is to make sports fun so the emphasis is on having a go and building skills through games play and structured practices
- Develop confidence, teamwork and responsibility
- All coaching is in English and so students will improve their confidence and conversational English during their training
- Weekly sporting fixtures
- Suitable for all levels
- End of course certificate

Note: Equipment provided, but please bring suitable clothing and footwear

Curious about what a typical Young Learners week looks like when you're enrolled in a Plus Programme? Take a look at the sample timetable below!

Sample Week

	Morning	14:00—16:00	Evening
Sat	Arrival of Full day trip		
Sun	Induction & Placement test	Orientation tour	Welcome party
Mon	Lessons	Half day activity/trip	Social activity
Tue	Lessons	EC Plus Multi-Activity Sports	Social activity
Wed	Lessons	EC Plus Multi-Activity Sports	Social activity
Thur	Lessons	Half day activity/trip	Social activity
Fri	Lessons	EC Plus Multi-Activity Sports	Social activity

Sample Plus Programme

	Time	Topic
Week 1		
Tue	14:00-16:00	Tennis coaching
Wed	14:00-16:00	Athletics
Fri	14:00-16:00	Tournament/race day
Week 2		
Tue	14:00-16:00	Swimming coaching
Wed	14:00-16:00	Cricket coaching
Fri	14:00-16:00	Tournament/race day
Week 3		
Tue	14:00-16:00	Football coaching
Wed	14:00-16:00	Volleyball coaching.
Fri	14:00-16:00	Tournament

This is a sample programme only and changes may occur