



# Montreal Travel Guide and Activities

*Beautiful, bilingual Montreal is where English and French cultures meet! Located on an island in the St. Lawrence River, Montreal is the largest fully bilingual city in the world, and a bit like a piece of Europe in North America. Montreal has recently been named a UNESCO City of Design and it is a safe city rich with culture and history.*



## 5 THINGS TO SEE

- Old Montreal
- Notre-Dame Basilica
- St. Joseph's Oratory
- Montreal Museum of Fine Arts
- Cirque du Soleil

## 5 THINGS TO DO

- Hike up Mount-Royal
- Shop in the underground city
- Bike around Old Montreal
- Visit any of the amazing festivals
- Sugar Shack maple syrup visit

## CLIMATE

Generally Canada enjoys four very distinct seasons, particularly in the more populated regions along the US border. Daytime summer temperatures typically 26°C, while winters may reach -5°C. More moderate temperatures are the norm in spring and fall.

## CURRENCY

- Currency: Canadian dollar C\$
- Major credit card companies in Canada: American Express, Visa and Master Card.
- Standard banking hours: Monday to Friday from 9:30 until 16:30. Some banks and specific branches may be open later and even on Saturdays and Sundays.

## PUBLIC HOLIDAYS

- 1, 2 January
- 3 April
- 18 May
- 24 June
- 1 July
- 7 September
- 12 October
- 24 December
- 25 December



### **COST OF LIVING**

|                                       |               |
|---------------------------------------|---------------|
| Big Mac Meal                          | C\$7.36       |
| Sandwich                              | C\$4 - C\$6   |
| Can of coke                           | C\$1.77       |
| Coffee in café                        | C\$2          |
| 1 litre of milk                       | C\$2.43       |
| 2 litres of water                     | C\$2          |
| a loaf of bread                       | C\$2.36       |
| Two course meal in average restaurant | C\$20 - C\$30 |
| Cost of sim card                      | C\$10 - C\$25 |
| Cinema                                | C\$12.75      |
| Entrance to clubs                     | C\$10 - C\$15 |

### **ELECTRICITY**

110 V; 60Hz - 2 flat-pin plug.

### **DRIVING AGE**

Most rental companies require that you be at least 23 years of age, have an international driving license, a second form of identity and a major credit card.

### **SMOKING LAWS**

Legal age for smoking in Montreal is 18. Smoking is prohibited in all buildings, including all restaurants and bars, unless a sign says that you may smoke. Smoking is permitted outside. If you smoke in a "smoke free" place, you may receive a fine of up to \$5000.



### **COST(WEEKLY/MONTHLY PASSES)**

- One ride: C\$3
- Weekly transit pass: C\$22.00
- Monthly transit pass: C\$72.75

### **ALCOHOL AGE**

Legal age for drinking in Montreal is 18 and many places will ask for identification.

### **MAPS (TUBE MAPS / BUS ROUTES)**

- [Public transport routes](#)
- [Transport timetable](#)

### **USEFUL LINKS**

- [What's On](#)
- [Events](#)
- [Weather in Montreal](#)

### **MEDICAL**

If you have a medical emergency, go to the emergency department of the hospital closest to you. Take some identification with you, and your insurance policy number. Some hospitals may ask you to pay a fee. Keep the receipt to send to your insurance company for payment. For Emergencies call 911.

Go to a walk-in medical clinic for medical problems that are not emergencies. You do not need to make an appointment. You can simply go see a doctor. The closest walk-in clinics to EC Montreal is:  
Clinique Medicale, 1253 rue Guy (corner of St. Catherine), Tel: 514-932-2122

Health & Insurance Requirements – CAD\$19 per week

### **HEALTH & INSURANCE REQUIREMENTS**

All EC Montreal students must be covered by health insurance for the entire length of their stay. EC can help students to purchase insurance upon arrival at the school. The cost of insurance is \$14 Cdn per week. Students will be asked to show proof of coverage on arrival if they are not purchasing insurance through EC.