

English Courses For Adults Over 30

LSI PORTSMOUTH



General English Courses For Adults Over 30

Our 30+ General English course is exclusively for adults aged 30 years and over; learn English with people your age in the south of England with one of the top language schools in the UK! The programme consists of morning classes with optional afternoon electives. It is a very flexible course, so you can choose the option which best suits you, your language needs and your personal preferences: if you want to have English lessons in the morning and enjoy free afternoons, if you want a more intensive, full-time course or a course which combines language learning with British Culture.

At LSI Portsmouth, you will benefit from being in a school with:

- an excellent academic reputation
- top quality accommodation, from host families to self-catering residences to boutique hotels
- a full and varied social programme to help you meet new friends and make the most of our beautiful city
- great facilities and resources within the school, with access to extensive material in our study centre
- a wonderful location by the sea with a rich cultural and historical heritage

Minimum English level:	A2 / Elementary
Minimum age:	30
Maximum class size:	8 / Average 5
Course Length:	Minimum 1 week

General English – Adults 30+ Options

CORE:

Morning classes of 15 hours per week (1 hour is 60 minutes)

- Focus will be on communication with opportunity for practice
- All books and materials are included in the fees
- Students will also enjoy access to our recently-refurbished Executive lounge with free tea and coffee facilities

CORE: A sample week for B1/B2 level students:

Sample Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
Lesson 1: 9:00-10:30 (90 min)	Introductions, greetings & exchanging information	Discussing schedules, habits & routines	Describing experiences: past actions relating to the present	Expressing needs and obligations	Discussing future plans: forecasting and hypothesising
Coffee Break					
Lesson 2: 10:45-12:15 (90 min)	Making polite requests & clarifying information	Describing past routines and habits	Describing experiences: comparing similarities and differences	Making plans and arrangements	Weekly Review & Consolidation
Lunch Break					
HOMEWORK/SELF-ACCESS					

Exact starting and finishing times may change, but there will always be 15 hours of taught classes per week (except where there is a public holiday).

Afternoons Elective: Intensive

This option includes an extra 10 hours of English lessons in group classes

Lesson 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lesson 3 1:15 – 2:30 (75 min)	Socialising & Entertaining: ordering meals and drinks	Making complaints: explaining and apologising	Expressing opinions: agreeing and disagreeing	Understanding and using Idiomatic phrases and expressions	FREE To discover Portsmouth!
Coffee Break					
Lesson 4 2:45-4:00 (75 min)	Using Youtube: Food, Recipes etc	Giving advice, suggestions and recommendations	Listening and discussion: The world of work	Listening and discussion: Travel, transport & holidays	
HOMEWORK/SELF-ACCESS					

Exact starting and finishing times may change.

If groups are too small, the equivalent 1:1 classes will be offered.

Individual

If you need help with specific areas of English, you can add 1:1 English lessons to your course. For example, English for Marketing, Legal English or exam preparation.

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British Culture, History and Portsmouth

Portsmouth has a rich historical and literary tradition, so why not discover it in the company of one of our teachers? You can enjoy our city's heritage while communicating in English.

Here is a sample of some of the activities you can join. Please be aware that the choice of activities may change subject to weather and availability.

Monday	Tuesday	Wednesday	Thursday
Visit one of the best museums in the UK; the Historic Dockyard Museum	Find out about the Portsmouth literary history - creator of Sherlock Holmes Sir Arthur Conan Doyle and Charles Dickens	Visit a vineyard for tasting, a monastery to experience the life of a monk or enjoy Queen Victoria's favourite holiday home, Osbourne House	Discover Roman England and the lasting influences of the Romans today
Take a boat trip around Portsmouth Harbour, step aboard the Warrior and HMS and Victory or see Henry VIII's ship, the Mary Rose	Visit to Portsmouth City Museum and Charles Dickens Birthplace Museum	Visit the Isle of Wight by hovercraft	Visit Portchester Castle, one of the most complete Roman Castles to be seen in Europe

Friday afternoons are free. However, we do have social activities organised for most Friday afternoons.

The Culture programme has fixed monthly dates, so please see our dates and fees schedule for more information.

Why not combine different options to maximise your English learning experience?

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International Association
of Language Centres



for the teaching
of English in the UK

