



## Residential Courses: Teenagers 14 -17

- Maximum class size – 12
- All costs included in the price (incl. airport transfers & insurance)
- 24-hour supervision
- 20 full hours of lessons per week
- Regular excursions
- Wide choice of afternoon and evening activities
- Self-contained and secure location
- Accommodation in shared dormitories and single rooms (1-8 students)

### Princess Helena College

\_Would you like to have lots of fun learning English this summer? Would you like to spend your time studying with teenagers of your age from all over the world – making new friends, doing sports and activities, and doing all these things in English? If you would, then Princess Helena College is the right place for you!

Princess Helena College is a private boarding school, which in summer becomes the centre for CAE's teenage residential course. The school is a beautiful and safe building, and is surrounded by its own large picturesque park and gardens. There are great learning and sports facilities, including a library, computer rooms, swimming pool and sports hall ... and this fine building has been recently modernised and refurbished to provide accommodation of a high standard.

Princess Helena College is in a great location, in the middle of some wonderful English countryside less than an hour by road from Cambridge and London, which means it is in easy reach of the main London airports.

### Getting you there safely . . .

You will be met at the airport by CAE representatives carrying boards to identify themselves. You will then be taken direct to Princess Helena College. At the end of the course, you will be taken back to the airport, and CAE staff do not leave the airport until the plane has departed. The inclusive airport transfers service is available to/from Stansted and Luton airports, London Heathrow and London Gatwick, and for flights arriving between 0900 and 1900 on the Sunday before the course begins, and for flights departing between 0900 and 1900 on the Saturday after the course ends. If, however, you wish to arrive or depart at a different time or at a different airport, please allow for an extra charge for your transfer.

### Your summer course

We run two 2-week courses but you can come for all 4 weeks if you want to. The classes are probably very different from your English classes at home. There will never be more than 11 other students in your class and on this course you can be sure you will meet lots of people from other countries. So far, students from more than 75 different countries have studied at CAE! All this means you will have the maximum opportunity to practise your English with all your classmates ... and we can teach any level from elementary to advanced (but not absolute beginners).

### Your classes

In your classes you will spend a lot of time speaking and listening – though you'll get the chance to do reading and writing as well. We know that people learn language best when they are doing interesting things, so our team of qualified and energetic teachers will help you to choose the activities which you enjoy most. The action does not stop from the moment you get up to the moment you go to bed, so you'll have lots of opportunities to use your English in real situations – you'll be amazed how quickly you will learn to communicate better in English. Who knows, you may even start dreaming in English! You will take home your own CAE portfolio - a wonderful record of lessons, activities, trips and new friendships made. We hope you will show it off to family and friends and be proud of your English achievements.





# Princess Helena College

## Activities, sports and excursions

Princess Helena College offers you some great activities and sport. There's a private swimming pool, 'all-weather' tennis courts and a large sports hall for playing basketball, volleyball, badminton and other indoor sports. Add to that over 50 hectares of fields for football, baseball and many other outdoor activities. Favourite afternoon activities include art, craft, drama, model-making and music.

What about the evenings? We've got some great things for you to do then, too. Films, theme parties, discos, games, quiz nights and talent competitions – don't worry, our full-time social activities team will keep you entertained and you probably won't even notice that you're doing all these things in English!

On every course there are excursions on Wednesdays and Saturdays. Your excursions may be to London, where you'll be able to see the famous sights and do some shopping. There are also excursions to attractions near the school, such as the city of Cambridge or Stratford upon Avon.

## Your accommodation

Princess Helena College is a residential summer school, which means that you'll sleep in dormitories with up to 7 other teenagers. All your meals will be in the school along with your friends and teachers, unless you go out on a full-day excursion, when we will give you a packed lunch. There are great places in the school where you can spend your free time – ideal for doing homework, socialising or just relaxing with a good book.

## Welfare

On every CAE course you will find a friendly, hard-working and, above all, safe environment.

- Teenagers are supervised 24 hours a day and they are not allowed out of the school grounds unaccompanied.
- Homesickness at the start of the course is quite normal but our staff are very experienced in dealing with this problem. A full and varied schedule should mean that homesickness is soon forgotten!
- School excursions are always closely supervised.
- We have staff with First Aid training available at all times to deal with emergencies. All but the most minor problems are referred to the local doctor.
- In more serious cases, arrangements are made to fly the teenager home (and your included insurance policy covers loss of fees).

## What is included?

Only bring your pocket money, pens and pencils! Everything else – airport transfers, your accommodation, your course, your meals, excursions, sports, admissions – is included in the fee.

## How do I enrol?

Just fill in the CAE Young Learner Enrolment Form and send it to the Cambridge Academy of English. After we've confirmed your booking, we'll send you all the information you need and we'll start getting things ready for you at Princess Helena College. You'll never forget your time there – or your new friends from all over the world.

## Princess Helena College

### A Typical Day

#### Morning

- 7.30 Get up "Good morning! What a beautiful day!"
- 8.00 Breakfast
- 8.45 Morning assembly
- 9.00 **English classes:** language and vocabulary
- 10.00 Break
- 10.15 **English classes:** develop your skills: reading and writing
- 11.15 Break
- 11.30 **English classes:** excursion work: prepare to visit Cambridge!
- 12.30 Lunch and free time

#### Afternoon

- 13.45 Afternoon assembly
- 14.00 **Electives:** your weekly choice of grammar workshop, course magazine, speaking and listening, poetry
- 15.00 **Free time options:** swimming, tennis and more
- 16.00 **Activity classes:** volleyball, arts, music, drama, dance, cookery
- 17.30 Free time
- 18.00 Homework/Portfolios

#### Evening

- 18.30 Dinner
- 19.30 **Talent show** – your chance to be a superstar!
- 22.00 House meeting and time to relax, read and write home
- 22.30 Bedtime "Goodnight! Sweet dreams."

(Exact timings are subject to change)