

ARDMORE PROGRAMME

Centre Sample Programme available
at Liddington

DAY	09:00 - 12:30	14:00 - 17:30
S	WELCOME TO ARDMORE	
M	Lessons	Active English Activities
T	Lessons	Active English Activities
W	Lessons	Half Day Excursion to Bath Walking Tour
T	Lessons	Active English Activities
F	Lessons	Active English Activities
S	Full Day to Bristol, Suspension Bridge, Bristol Museum and Walking Tour	
S	Sports and Leisure Activities on Campus / Optional Extra Excursions	
M	Active English Activities	Lessons
T	Active English Activities	Lessons
W	Half Day Excursion to Oxford Universities Walking Tour	Lessons
T	Active English Activities	Lessons
F	Active English Activities	Lessons
S	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour	
S	GOODBYE ARDMORE	

15 hours of English / week (Mon-Fri) may be morning or afternoon
Evening Entertainment programme may include Talent Show,
Disco, Quiz Nights, Film Nights, Sports Tournaments and many more options.
The Programme may vary due to operational reasons



ADVENTURE ENGLISH PROGRAMME
FOOTBALL ACADEMY

- Great adventure programme
- Extensive grounds and sport pitches
- Communication & Team building activities
- Modern campus

KEY
SELLING
POINT

LIDDINGTON

Near Swindon

9-17 years

Liddington is a fantastic modern adventure centre set within extensive grounds and located within the English countryside.

The specialised adventure activities offered at this centre, place great emphasis on confidence building and improving conversational English Language skills whilst making friends at the same time. The courses are designed to promote leadership and teamwork skills, combining fun and personal development in a safe, supportive environment.

LOCATION

112 km from London

104 km from Heathrow
152 km from Gatwick



FACILITIES



ACCOMMODATION

Residential – Maximum number of beds 300

Modern en-suite rooms – maximum
4 students per room

Twin en-suite rooms for Group Leaders



BASKETBALL ACADEMY

St Joseph College
University of Reading

9-17 years

See centre information on page 66

Each session will be designed to work on the fundamentals of basketball, with sessions including shooting, ball handling and team play. Students will have the chance to play in mini leagues and competitions throughout the week.

All sessions are delivered in a way that ensures that all children enjoy high activity sessions and that the drills are flexible and catered for different standards of play.



FOOTBALL ACADEMY

Liddington

9-17 years

See centre information on page 67

The Ardmore Football Academy, has been carefully planned to ensure the correct balance of intense training, education and recreation. Football coaching and briefing sessions will be conducted by qualified football coaches.

The coaching sessions are interspersed with practice matches, technical tests and daily briefings to complete an all round fully interactive course. The programme will include:

- Individual techniques
- Goal keeping
- Dribbling and dummies
- Technical circuits
- Free kicks and corners
- Fair play



WHO CAN TAKE PART

Students from all over the world return each year to improve their English as well as their basketball skills. Individuals as well as organised groups are welcome.

For those coaches from overseas who bring a team of young players with them, there is the opportunity to observe coaching techniques from the Surrey Scorchers.

INCLUDED

- 15 hours of English per week
- 12 hours per week of basketball coaching by qualified coaches
- 1 Full Day Excursion (per week)
- 1 Half Day Excursion (per week)

SELLING POINTS

- In Association with Surrey Scorchers.
- Coaches are qualified and have experience working with those who are new to Basketball and those who have played for many years.

MISCELLANEOUS

Our basketball players will be immersed into this fast-paced sport learning key phrases and terminology for the game.

They will improve their Basketball Vocabulary, sport skills and their general English.



WHO CAN TAKE PART

Students from all over the world return each year to improve their English as well as their football skills. Individuals as well as organised groups are welcome.

For those coaches from overseas who bring a team of young players with them, there is the opportunity to observe coaching techniques and exchange ideas with the AFA coaches (all FA charter standard coaches).

INCLUDED

- 15 hours of English per week
- 12 Hours per week of football tuition by qualified Football Association Coaches
- 1 Half Day Excursion (per week)
- 1 Full Day Excursion (per week)
- Football Kit Including Ardmore Football shirt, shorts and socks
- Visit to Chelsea Football stadium

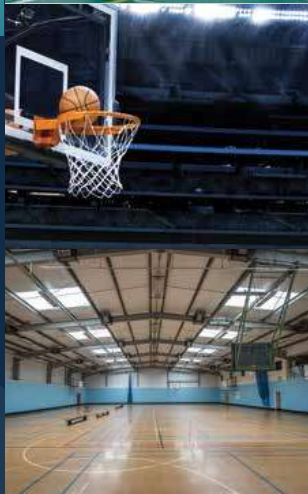
SELLING POINTS

- The programme is run by qualified football coaches
- The programme includes a balance of coaching sessions and practise matches
- Daily briefings will be held
- Students will learn English while practising their favourite sport, learning key football phrases, terminology and useful tips for the game.

7 NIGHTS SAMPLE PROGRAMME

DAY	MORNING	AFTERNOON
S	WELCOME TO ARDMORE	
M	Basketball Academy	Lessons
T	Basketball Academy	Lessons
W	Half Day Excursion	Lessons
T	Basketball Academy	Lessons
F	Basketball Academy	Lessons
S	Full Day Excursion	
S	Sports and Leisure Activities on Campus/ Optional Excursion/GOODBYE ARDMORE	

15 hours of English/week (Mon-Fri) may be morning or afternoon
Evening entertainment programme may include Talent Show, Disco, Quiz Nights, Film Nights, Sports Tournaments and many more options. For excursions destinations please refer to the college page. The programme may vary due to operational reasons



7 NIGHTS SAMPLE PROGRAMME

DAY	MORNING	AFTERNOON
S	WELCOME TO ARDMORE	
M	Football Academy	Lessons
T	Football Academy	Lessons
W	Half Day Excursion	Lessons
T	Football Academy	Lessons
F	Football Academy	Lessons
S	Full Day Excursion	
S	Sports and Leisure Activities on Campus/ Optional Excursion/GOODBYE ARDMORE	

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