SUM 8

Young Adult Programme



Experience Tradition, Embrace Innovation

Our young adult programme is designed for students aged 16-20 who wish to spend their time in Ireland with other international teenagers of a similar age group.





Students participating in this programme will attend four hours of English language tuition per day, either in the mornings or afternoons.

Students will also have the freedom to explore the city independently or participate in cultural and social activities organised by the Institute around the theme "Discovering Dublin".

Students who choose a residential option will be accommodated in Trinity Hall Residence (single or twin rooms). Alternatively, students can choose a homestay option (twin room) and attend their classes in one of our homestay centres.

Dates and Availability

The young adult programme will run in July. Courses begin every Monday for a minimum of two weeks. Please check our Price List for dates and contact the Institute for availability.

Teaching Materials

We use the most up-to-date textbooks and materials. Students are entitled to the use of a textbook during their course and each student receives learning materials (worksheets, supplementary exercises, etc.) as part of the course package.

Testing and Placement

Students are given an oral and written placement test on their first day. Progress is monitored on an ongoing basis and class levels adjusted accordingly.

Class size

Ranging from elementary to advanced level, classes have an average of 10 students and a maximum of 15.

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What is included in the Young Adult Programme fee?

20 hours of general English group tuition per week, in the morning or afternoons (60 minute lessons)

Use of textbooks and teaching materials

Diploma upon completion of course

Guided discovering Dublin tour on the first day

Two cultural activities per week and activities every evening (residence) and twice per week (homestay)

One full-day excursion every weekend to places of cultural interest

Welcome kit with guides and maps

Full-board accommodation

Enrolment, registration and administration fees

Supplements

Return airport transfers - €170





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Sample Programme

Week 1 (Residential)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00 - 09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:30 - 12:30	Discover Dublin Tour	Free time in Dublin City Centre	Free time in Dublin City Centre	Free time in Dublin City Centre	Visit to National Gallery	Day trip to Powerscourt & Glendalough	Free day
12:30 - 13:30	Lunch	Lunch	Lunch	Lunch	Lunch		
13:30 - 15:30	Grammar & the use of English	Grammar & the use of English	Grammar & the use of English	Grammar & the use of English	Grammar & the use of English		
15:30 - 15:45	Break	Break	Break	Break	Break		
15:45 - 17:45	Listening & fluency	Listening & fluency	Listening & fluency	Listening & fluency	Listening & fluency		
18:30 - 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Evening	Irish Music	Walking Tour of Temple Bar	Visit to Howth, seaside village	Movie Night	Disco	Shopping in Dundrum Town Centre	Sports Evening

Week 1 (Homestay)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
07:30 - 08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
09:00 - 11:00	Level test & Orientation	Grammar & the use of English	Grammar & the use of English	Grammar & the use of English	Grammar & the use of English	Free day	Full-day excursion to Galway City			
11:00 - 11:15	Break	Break	Break	Break	Break					
11:15 - 13:15	Listening & Fluency	Listening & Fluency	Listening & Fluency	Listening & Fluency	Listening & Fluency					
13:15 - 14:30	Lunch	Lunch	Lunch	Lunch	Lunch					
15:00 - 18:00	Discover Dublin Tour	Free time in Dublin city centre	Free time in Dublin city centre	Free time in Dublin city centre	City Hall guided tour					
18:30 - 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner			
Two evening activities per week										

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Lesson Content

The Young Adult Programme will assist in building the skills students will need to contribute positively to a democratic society. It encourages reflection on their own values and learning styles and gives them the opportunity to imagine and create ways in which they can make a difference to their own lives and to their communities. It helps students to gain a greater understanding of their human rights and social responsibilities; fosters an awareness of what it means to live responsibly in a democracy; and how to develop confidence, communication skills and leadership skills by working with others, showing them how their wellbeing is connected to the wellbeing of others.

A minimum English language level of B1 is required for this course. Participants whose language level is assessed on arrival as below B1 will be placed in a language development class which includes lessons on Irish Life and Culture.

Aim

This course aims to develop students' language skills in an environment which also encourages them to participate as active citizens in contemporary society at local, national and global levels, based on an understanding of human rights and social responsibilities. Self-reflection is a key part of this.

Topics Personal and Social Development

My Values

Personal Mission Statement

Goal-Setting

Staying Motivated

Problem Solving

Educational Development

Learning Styles

Working in pairs and groups

Leadership and Development

Defining Leadership

Tips for Development of Leadership Qualities

Communication Skills (verbal and non-verbal)

Debating and Public Speaking

Active Listening

Conflict Resolution

Team Building and Networking

English for the Workplace

CVs and cover letters

Personality - Job - Career

Intercultural Differences

Face-to-Face Communication

Presentations

Developing Writing Skills

Creative Writing workshops (two or three per group per week)

Different styles of writing (voice, register, vocabulary)

Class blog

Contributions to the ECI magazine (to be published in July)

Writing reviews (movie and book reviews)

Story-Telling Basics and Creating Characters and Dialogue

Irish Life and Culture

Traditional Irish Music

Irish Myths and Legends

Irish Sport and the GAA

The Vikings

Early Christian Ireland