



Progress driven

For career preparation and professional development

Maximum 8 per class
Individually monitored progress

The Octorial programme

The unique advantage of the course is that it offers both a high level of individual attention with a wide mix of team work training and mentored independent learning sessions. The Octorial programme is a carefully structured programme, crafted by educationalists and which includes continuous assessment with daily, weekly and monthly milestones for each student according to their personal objectives. Continuous assessment ensures that each learner feels challenged.

The course includes:

Language skills lessons to develop language competency

The **grammar, logic and rhetoric lessons** build the core skills of grammar and sentence structure and the art of constructing an argument. Inspired by the trivium of a classical Liberal Arts education, these are the foundation stones of language knowledge.

The **comprehension, vocabulary and précis lessons** use a wide variety of authentic materials such as literary texts, news articles, research reports and current affairs audio and video to build new vocabulary and develop listening comprehension skills and speaking skills. There is an emphasis on intonation and pronunciation. The art of editing and summarising is practised in the précis exercises.

The **composition and text analysis lessons** focus on developing the student's skills and flair for written English. Students work on practice exercises in a range of styles and registers including creative writing, short stories, improvisation, essay writing, reports on researched topics, reviews, commentaries and literary criticism. Reading comprehension and understanding of the written word is developed in the text analysis sessions.

Communication skills lessons to build confidence and fluency

• Plenary Sessions

Designed to bring students together at the start and end of the school day. The morning plenary acts as a warm-up session. The afternoon plenary gives students an opportunity to reflect on the learning experiences of their day.

• Spoken Performance Workshop

Students are set tasks which challenge them to develop their speaking and active expression in the language. There is also a focus on non-verbal communication such as body language.

• Team Project

Each week, students work in small teams to develop a project or to work on a problem solving task. Students develop problem solving, collaboration, organisation and planning skills.

• Mentored Dissertation

The Mentored Dissertation is a piece of work which is personal to the learner's study objectives and which is completed over the duration of the course. It is tailored to the level of the student and can include: a piece of research, a video project, a collection of essays, a piece of creative writing, a personal statement and CV, written texts for a personal portfolio, exam practice texts and exam essay writing under timed conditions. At the beginning of each week, the Dissertation Tutor sets individual goals with each student and works with the student during the week to support them in the achievement of these weekly targets.

The Octorial programme	- 30 hours per week
The Essential programme	- 20 hours per week
The Enhanced programme	- 30 hours per week (25 Octorial hours + 5 one to one hours)
The Exam Preparation programme	- 30 hours per week (including exam focus and revision)



Exam preparation and specialisation

Success strategies for international exams

Exam preparation

- IELTS
- Cambridge B2 First (FCE)
- Cambridge C1 Advanced (CAE)

The skills achieved equip students to progress in professional contexts or in further education, such as studying at an English speaking university. Students are trained to communicate effectively in a wide range of themes and topics.

Reading and writing practice includes: analysing data, presenting an argument, speed reading skills for detail and gist, critical thinking skills for making evaluations and giving opinions.

Interactive oral practice sessions encourage the expression of ideas and opinions on a wide range of topics and issues. Students also focus on pronunciation and intonation for greater fluency.

Listening exercises use authentic materials based on real-life situations to develop comprehension skills for maximum success in the listening test.

Weekly review tests highlight areas which need attention and are a good way to track progress. Students are given regular exam practice under timed conditions, drills and exercises from past papers, essay writing practice and students are coached in personal success strategies for the exam by the tutors. Mock exams under timed conditions give an idea of which exam score can be achieved.

Enhanced exam preparation

This programme includes one individual lesson each day for extra focus with a personal tutor. In these lessons the learner focuses on the content of the exam with revision exercises and personal drills. The learner is coached in written exercises under timed conditions, according to the requirements of the exam.

Constant improvement: an accumulation of gains

The Octorial programme illuminated

The wide range of authentic materials and content allows each session of the day to serve the needs of every learner including those studying for specific academic or professional purposes.

		Confidence and fluency for life skills
15 mins	Morning Plenary A powerful start to the day	Builds confidence, resilience and removes the fear of public speaking.
60 mins	Spoken Performance Workshop Verbal and non-verbal communication skills	Develops the ability to adjust the style and register of your language to the situation. Communicate your message effectively and connect with your audience.
60 mins	Grammar, logic and rhetoric Core skills	A rich vocabulary and accurate grammar give you the confidence to be bold with your use of the language.
60 mins	Comprehension, vocabulary and précis Core skills	Develops your fluency and includes real-life communication tasks, such as use of Skype and digital link-ups.
60 mins	Team Project In mixed level teams for authentic interaction	Team building and collaboration skills. You gain experience of working in English in cross-cultural situations.
60 mins	Composition and text analysis Core skills	Creative writing, essay writing, reading of authentic texts. Develops imaginative use of vocabulary and style in your writing.
60 mins	Mentored Dissertation Individual focus on specific needs or interests	Research projects for your personal portfolio.
60 mins	One-to-one Lesson Additional focus	On the Enhanced programme this is an opportunity to dedicate time to an area of particular interest with your tutor.
15 mins	Closing Plenary To consolidate and review	A review of the day's achievements helps you to plan your learning strategy for the next day.
60 mins	Homework	Preparation assignments are set as homework each evening.

leads to a deep understanding of the language
so that language becomes instinctive

Specific success strategies for exam preparation	Language and leadership for professional development
Useful practice for the spoken exam or interview situations.	Familiarisation with public speaking - useful practice for all situations involving speaking to an assembled group audience.
Fluency and performance skills for the spoken exam including compensation strategies to help you adapt quickly to the unexpected.	Techniques to help your fluency and performance. Useful when addressing an audience, giving verbal instruction or expressing opinion.
Essential core skills for exam success.	A strong foundation which gives you increased scope in your spoken and written use of the language.
Practice in comprehension and speaking tasks for the listening and speaking parts of the exam.	Develops your speed of listening, absorbing, assimilating, processing and reacting. Use of phone and Skype. Practice in adapting to different styles and registers.
Team building and collaboration skills. Develops your ability for problem solving and clear communication in cross-cultural situations.	Problem solving in international groups develops leadership, project management skills, team work, collaboration, creative thinking.
Practice tasks for the writing part of the exam such as essay writing practice.	Mastery of writing documents (letters, emails, reports) which are clear and professional. Achieve a personal writing style.
Repeated practice tests and drills under timed conditions to ensure that you are a competent and confident exam candidate.	Refined critical thinking skills in research projects or areas of specialisation.
On the Enhanced programme this is an opportunity to dedicate time to an area of particular interest with your tutor.	On the Enhanced programme this is an opportunity to dedicate time to an area of particular interest with your tutor.
Consolidate and plan homework and identify areas for revision.	Consolidate, review and identify areas for revision. Convert your strategy into results.
Preparation assignments are set as homework each evening.	Preparation assignments are set as homework each evening.

